

— 2023 —

DIGGIN' LIFE
BY DESIGN

— July-December —

July

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31					

Personal

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Self-Care

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Career

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Notes

August

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		

Personal

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Self-Care

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Career

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Notes

September

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30

Personal

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Career

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Self-Care

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Notes

October

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

Personal

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Self-Care

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Career

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Notes

November

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30		

Personal

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Career

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Self-Care

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Notes

December

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30
31						

Personal

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Self-Care

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Career

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Notes

Diggin'Life by Design's 7 F's of Fullfillment

Family

Friends

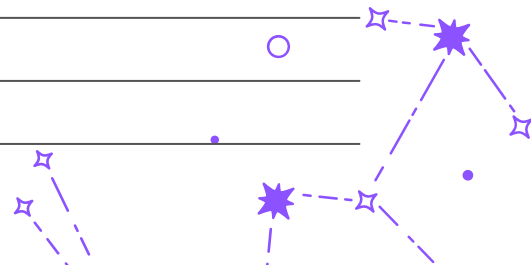
Fitness

Finances

Fun

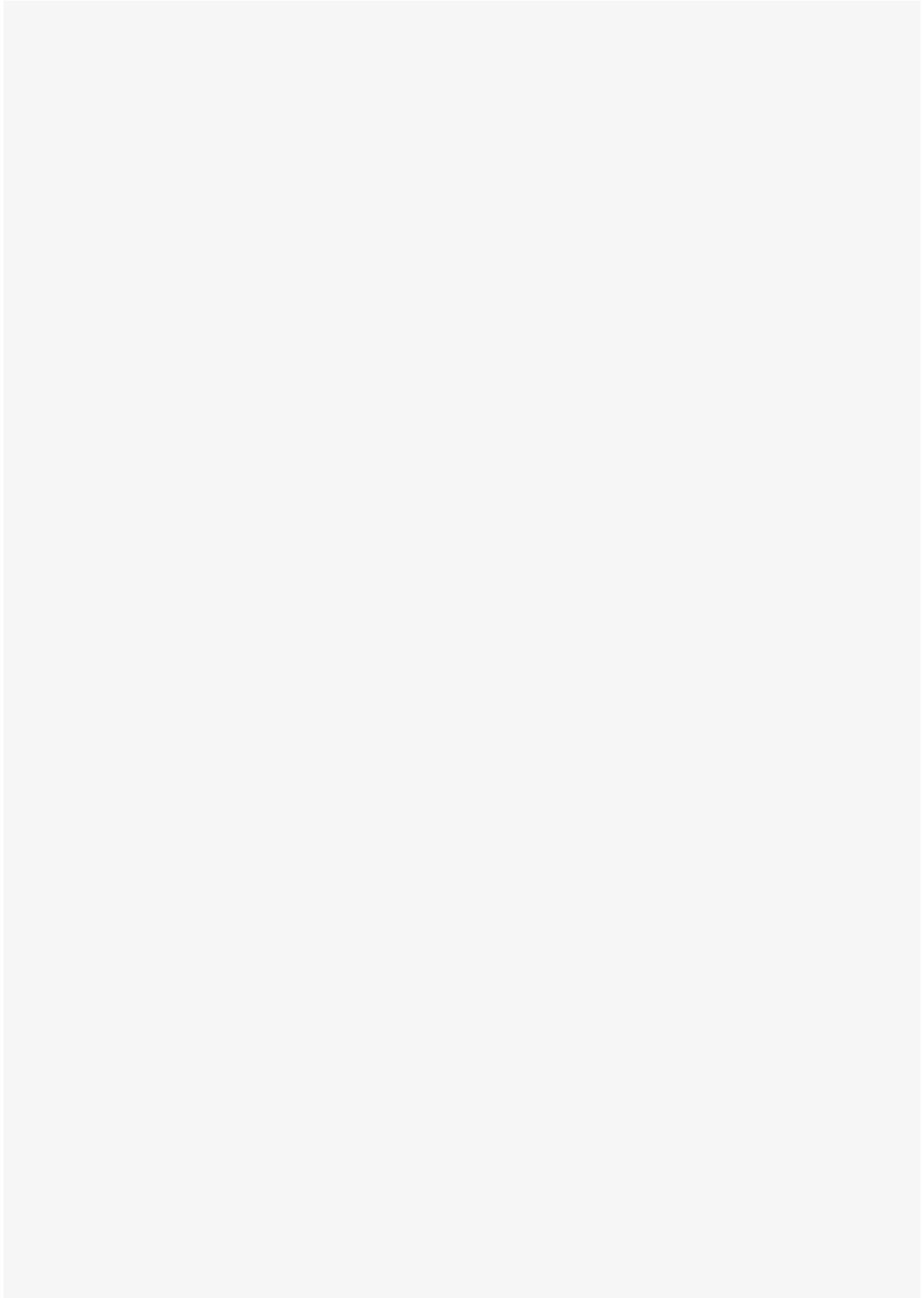
Freedom

Faith



This image shows a full page of blank graph paper. The grid consists of thin, light gray horizontal and vertical lines that intersect to form a uniform pattern of small squares across the entire surface. There are no margins, text, or other markings on the paper.

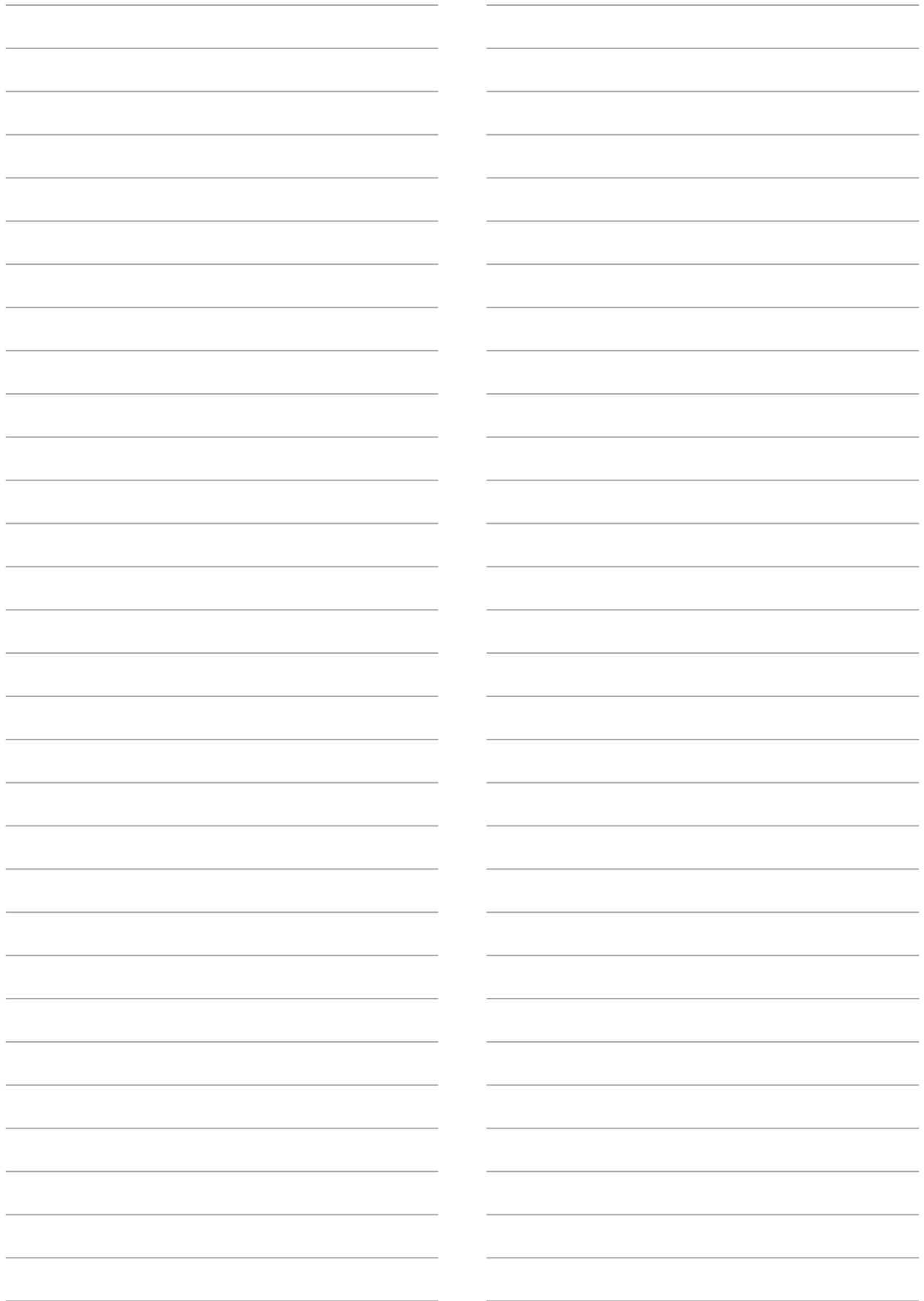
CREATE



DESIGN



[illegible]









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